



## Care-ful Bear

### Episode Synopsis

The Care Bears are having fun playing games outside. Funshine Bear is circulating among his friends, cheering them on and giving suggestions on how to make the activities even more fun. Then, Funshine suggests that everyone play a game of Belly Badge Tag. All of the Care Bears join in and are soon having a great time. Unfortunately, Share Bear falls down, skins her knee, and bangs her elbow. Funshine feels responsible and changes his name to Care-ful Bear. His new mission is to make sure that none of the Care Bears get hurt again. He tries to create an environment in which it's impossible to be hurt. But eventually, he realizes that by eliminating all of the risk of daily life, he's also taking out all of the fun and productivity. In the end, he goes back to being Funshine Bear, much to the relief of his friends.

### Learning Objectives of Episode

#### Awareness/acceptance of personal feelings

- ♥ To help young children recognize and name feelings
- ♥ To help young children understand how feelings contribute to behavior
- ♥ To promote the importance of accepting responsibility for one's actions
- ♥ To model the natural consequences of behavior

#### Self motivation and optimism

- ♥ To help young children develop strategies for responding to setbacks and failures
- ♥ To model the steps of problem solving
- ♥ To help young children understand that to try and not fully succeed is normal

## Learning Objectives of Episode (Continued)

### Skills for managing conflict

- ♥ To demonstrate that conflicts can be resolved when they are talked through

## Activity

### What you will need:

- ♥ Attached coloring page of Share Bear
- ♥ crayons
- ♥ 2 adhesive bandages

### Directions:

- ♥ Color the attached Share Bear coloring sheet
- ♥ Place a bandage on Share Bear's knee and one on her elbow

## Discussion Questions

- ♥ Good work fixing up Share Bear with those bandages. How did Share feel after she fell? (She was sad.) Why? How can you tell she was sad? (crying)
- ♥ How did Funshine feel after Share got hurt? (He felt sad too because he felt like it was his fault.)
- ♥ Because Funshine felt bad, he decided to become a bear who keeps everybody safe. What new name did he give himself? (Care-ful Bear)
- ♥ Then Funshine did all kinds of things to keep the bears from getting hurt. Can you remember some of them? (He dressed Oopsy in lots of padding, he took the wheels off of Harmony's skateboard and Amigo's cart, he took away Grumpy's tools, he made it sunny all day so no one would trip in darkness, etc.)

## Discussion Questions (Continued)

- ♥ Did Funshine make everybody safer by doing these things? (No.) How did the other bears feel about the things he did? (They were annoyed because he spoiled their fun.) What did the Care Bears say to Funshine? (Cheer explained that Share's accident wasn't his fault, and that it was just an accident.)
- ♥ We should always try to be safe and careful, but accidents may still happen. Can you tell me about a time you accidentally got hurt? How did you feel—sad or mad? What helped you with those feelings? (Got a hug or got bandaged up.)
- ♥ How could you make your favorite game a little safer? (Wear a helmet, have an adult watch, take turns, look where you're going, etc. Adult may list suggestions on a piece of paper.)

## Completing the Activity

- ♥ Child draws a picture of self safely playing favorite sport or game

## Suggested Literature

- ♥ I. I Can Be Safe: A First Look at Safety; by Pat Thomas.

# Care Bears™

